

Advanced Training in Ego State Therapy Part 1 and 2 Advanced Part 1 – Case Consultation and Group Supervision Advanced Part 1 – 2 Specialization workshops Advanced Part 2 – Case Consultation and Group Supervision Advanced Part 2 – 1 Specialization workshop Advanced Part 2 – Master Class	 8 32 8 16 16	The Advanced level Part 1 includes 1 day of Case Consultation and Group Supervision plus two, 2 days, Specialization workshops. (8 hours Case consultation and Group Supervision + 32 training hours) The Advanced level Part 2 includes 1 day of Case Consultation and Group Supervision, 1 two days, Specialization workshops and a two day Master Class (8 hours Case consultation and Group Supervision + 32 training hours). The Master Class can only be attended after completion of the three specialization workshops. Certificates of attendance will only be issued provided that the candidate attended and completed each workshop in full and met all the training hours.		
Individual case consultation	2	A minimum of two hours individual case consultations with an approved faculty member.		
Personal Ego State Therapy Sessions	6	Completion of at least 6 hours of individual psychotherapy involving Ego State Therapy as treatment modality, with approved Ego State Therapy faculty members.		
Viva-Vocé (one to one in-person discussion)	2	Face-to-face in-depth academic review on the topic of Ego State Therapy as well as a review of clinical work involving Ego State Therapy. The latter to include a DVD case presentation (or audio, or live observation if DVD is not possible) reviewed by senior faculty members. The 2 hour Viva Vocé will be conducted by an approved Ego State Therapy faculty member. The faculty member will then make a recommendation to the regulating body (EST-SA) regarding national certification. *Proof of training and relevant documentation to be submitted on application for Viva Vocé.		
Total hours of training in Clinical Hypnosis	24			
Total hours of training in Ego State Therapy	170			