



Milton H. Erickson Institutes of South Africa
 The Cape of Good Hope Congress
 24-25 February 2016
 Protea Hotel, Stellenbosch
 Preliminary Programme

WEDNESDAY 24 FEBRUARY 2016

7:30-8:15	REGISTRATION IN THE FOYER
8:15-9:00 Omega	OPENING CEREMONY AND WELCOME ADDRESS Callie Hattingh: Director of The Milton H. Erickson Institute of Cape Town Musical Performance by Guest Artists
9:00-12:15	WORKSHOPS (3 Hours/90 min) Refreshment Break: 10:30-10:45
Omega	Sangkasaad Taal, Rachporn (Netherlands): Somatic Experiencing for Trauma (SE)
Magnifica 2	Messmer, Veit (Germany): Hypnosis in Dental Treatment: Why, When and How? A Survey on Different Techniques and Methods in Dental Treatment (90 min) Zanotta, Silvia (Switzerland): Becoming Friends with the Monsters: Hypno-Somatic Treatment of Anxiety and Phobia (90 min)
Magnifica 3 (German)	Hartman, Woltemade (South Africa): Ungeschliffene Diamanten: Die Arbeit mit ressourcervollen Ego-States, Ein Ego-State-Ansatz mit Live-Demonstrationen (90min) Biberacher, Marlene (Germany): Traumaberatung-Traumapädagogik für unbegleitete minderjährige Flüchtlinge (90 min)
12:15-13:00 OMEGA	KEYNOTE ADDRESS: Consuelo Casula (Italy) <i>Transformation of stories of suffering into stories of resilience</i>
13:00-14:15	LUNCH BREAK
14:15-17:30	WORKSHOPS (3 Hours/90 min) Refreshment Break: 15:45-16:00
Omega	Nel, Joy (South Africa): "Once Upon a Time in Therapy..." Utilising Bibliotherapy as a Tool in Ego State Therapy with Children (3hours)
Magnifica 2	Huyssen, Karin (South Africa) Combining Family Constellations and Ego-State Therapy: Working with Intergenerational and Personal Trauma in a Therapeutic Group Context (90 min) Leutner, Susanne and Cronauer, Elfie (Germany): Healing Networks: EMDR and Ego State Therapy (90 min)
Magnifica 3 (German)	Hammel, Stefan (Germany): Das Sofa des Glücks. Therapeutisches Modellieren mit Paaren
19:00	CONGRESS DINNER: THE KITCHEN @ MAISON WINE ESTATE, FRANSCHHOEK



Caveat: The programme is subject to change without prior notification. MEISA will not be held accountable in the event of any changes to the programme. The final programme will be made available in January 2016



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THURSDAY 25 FEBRUARY 2016

8:30-9:00	REGISTRATION IN THE FOYER (For new arrivals and day attendees)
9:00-12:15	WORKSHOPS (3 hours/90min) Refreshment Break: 10:30-10:45
Omega	Hattingh, Callie (South Africa): Guiding Lights: Core Principles that Promote Therapeutic Change
Magnifica 2	Signer-Fischer, Susy (Switzerland): Influencing Self-Efficacy in Children, Adolescents and Adults with Hypnosis (90 min) von Cziffra-Bergs, Jacqui (South Africa): "Music is my Psychologist." A Solution-Focused Ego State Approach to Using Parts of a Teenager and the Miracle Question, to help a Young Man find the Answers Within. (90 min)
Magnifica 3 (German)	Wulf, Christian (Germany): You've Touched my Heart: Ganzheitliche, Erlebnisaktivierende Kommunikation in Therapie und Beratung (90 min) Trenkle, Bernhard (Germany): Hypnotherapie, EMDR und eine QiGong-Technik (90 min)
12:15-13:00	KEYNOTE ADDRESSES
Omega (In English)	Callie Hattingh (South Africa): <i>All that Jazz: Promoting Change Through the Integration of Therapeutic Principles</i>
Magnifica 2 (In German)	Susy Signer Fischer (Switzerland): <i>Wirksam die Selbstwirksamkeit erhöhen: Methoden zur Stärkung der Selbstwirksamkeit von Kindern, Jugendlichen und Erwachsenen</i>
13:00-14:15	LUNCH BREAK
14:15-17:30	WORKSHOPS (3 Hours/90min) Refreshment Break: 15:45 -16:00
Omega	Da Silva, Jenny (South Africa): Once upon a Fairytale: Utilizing Fairytale Stories and Characters in Ericksonian Hypnotherapy to bring about Healing in Children
Magnifica 2	Loubser, Minnie (South Africa): Looking Through the Eyes of Trauma: Anxiety Disorders, Trichotillomania and Non-Epileptic Seizures; How Healing Happens (90 min) Allen, Brian (Australia): Dreams, Destiny and You (90 min)
Magnifica 3	Hammel, Stefan (Germany): Wo keine Heilung möglich ist. Hypnotherapeutische Stärkung in den letzten Stunden des Lebens
17:30 Omega	CONGRESS CLOSURE



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