



Milton H. Erickson Institutes of South Africa
Main Congress: 23-25 April 2020
Vineyard Hotel, Newlands, Cape Town
Preliminary Programme

THURSDAY 23 APRIL 2020

7:30-8:15	REGISTRATION IN THE FOYER
8:15-9:00 Main venue	OPENING CEREMONY AND WELCOME ADDRESS Dr Woltemade Hartman (Ph.D) Director Milton H. Erickson Institutes of South Africa Choir performance
9:00-12:15 Main Venue Breakaway 1 Breakaway 2 Breakaway 3 (German)	WORKSHOPS (3 Hours/90 min) Refreshment Break: 10:30-10:45 Prof. Camillo Lorio (Italy): Deep Hypnosis: Induction and Utilization in Hypnosis and Psychotherapy Dr. Phillip Streit (Austria): Interventions of Positive Psychology: An Introduction Rick Miller (USA): Gay Sons and Their Mothers: The Relational Mystique Conveyed through an Ericksonian Lens Dr. Veit Messmer und Dr. Kerstin Schnurre (Germany): Hypnotisches Arbeiten mit Kindern und Jugendlichen Dr. Allan Krupka (Germany): Gib Zahnschlafkugeln und die Angst vor der Spritze war einmal
12:15-13:15 Main Venue	KEYNOTE ADDRESS: Dr. Mathias Mende, Austria: Birds of a feather flock together – Opposites attract; Perceived Similarity and Diversity as Sources for Traumas and Treasures
13:15-14:15	LUNCH BREAK
14:15-17:30 Main Venue Breakaway 1 Breakaway 2 Breakaway 3 (German)	WORKSHOPS (3 Hours/90min) Refreshment Break: 15:45-16:00 Dr. Susan Pinco (USA): An introduction to Brainspotting: A revolutionary Therapy for Rapid and Effective Change Dr. Elzette Fritz and Dr. Talita Veldsman-Ryan (South Africa): Connecting the parts through creative arts on the yellow brick road of self-discovery Dr. Woltemade Hartman (South Africa): Trance, Treasures, Trauma, Touch and Transformation: A combined hypno-somatic approach with live demonstrations Susanna Leutner (Germany): Ego-State-Therapie Basics auf Deutsch



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FRIDAY 24 APRIL 2020

8:30-9:00	REGISTRATION IN THE FOYER (For new arrivals and day attendees)
9:00-12:15	WORKSHOPS (3 hours/90 min) Refreshment Break: 10:30-10:45
Main Venue	Dr. Maggie Phillips (USA): Somatic Ego-State Therapy: Healing The Heart Of Trauma
Breakaway 1	Rick Miller and Tobi Goldfus (USA): Is a mistake truly a mistake? Looking into the mirror with naked honesty: Transforming blunders, strengths and vulnerabilities into self-acceptance
Breakaway 2	Dr. Claude Viot (France): Auto-Hypnosis – Future Anticipation Stefan Hammel: The last 24 Hours of Life – How We Help Patients to Die in Peace. Hypnotherapeutic Approaches with Dying Patients and their Families
Breakaway 3 (German)	Dr. Jochen Peichl (Germany): "Wortlose Angst und bildloser Schrecken - Arbeit am "frühen Trauma" mit Timeline- und Ego-State-Therapie"
12:15-13:15 Main Venue	KEYNOTE ADDRESSES Bernhard Trenkle – Germany: Using hypnotherapeutic know-how in non-hypnotic therapies
13:15-14:15	LUNCH BREAK
14:15-17:30	WORKSHOPS (3 Hours/90 min) Refreshment Break: 15:45 -16:00
Main Venue	Elsa Struwig and Charmaine Van Der Spuy (South Africa): Sensory-Somatic Play Therapy: An Approach To Complex Childhood Trauma
Breakaway 1	Dr. Nicole Ruyschaert (Belgium): Developing resilience to deal with professional (health care) challenges Dr. Zana Marovic (South Africa): Integrative Positive Psychology: East meets West
Breakaway 2	Margarete Kruczek-Schumacher (Germany): Wingwave™: a brief method to address trauma and associated problems.
Breakaway 3 (German)	Dr. Ursula Helle (Germany): Die 8 Stufen der Integration in der Ego-State-Therapy Birgit Bader (Germany): Talk Show mit Ego-States
18:30	CONGRESS DINNER: CAPE POINT VINEYARDS RESTAURANT



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SATURDAY 25 APRIL 2020

8:30-9:00	REGISTRATION IN THE FOYER (For new arrivals and day attendees)
9:00-12:15	WORKSHOPS (3 hours/90min) Refreshment Break: 10:30-10:45
Main Venue	Tobi B. Goldfus (USA): Young People, Smart Phones and the Power of Social Media: Using Hypnotherapy and Somatic Experiencing to Activate Healthy Ego States and Charge Up the 'Inner Selfie'
Breakaway 1	To be confirmed
Breakaway 2	Dr. Joseph Meyerson (Israel): Hypnotic Approach in the Treatment of Psychosomatic Patients Yoshikazu Fukui: Are they your real parents? Attempts to cut of the object cathexis towards introjects of abusive parental figures: A combination of EMDR and Ego State Therapy
Breakaway 3 (German)	Claudia Müller-Quade (Germany): "Ego-State-Therapie meets Systemic Therapie" Arbeit mit eigenen inneren Anteilen (Ego-States) als Reflecting Team in der Ego-State-Therapie Silke Grossbach (Germany): Gefangen im Schutz der Rigidität: Ein psychodynamischer Blick auf die Abwehrmechanismen – wenn Ego-States schützen, ihre Abwehr jedoch dysfunktional wird
12:15-13:15 Main Venue	KEYNOTE ADDRESSES Dr Woltemade Hartman – South Africa: Thirty Years of Experience with Clinical Hypnosis and Psychotherapy: Reflections from the past and insights for the future
13:15-14:15	LUNCH BREAK
14:15-17:30	WORKSHOPS (3 Hours/90min) Refreshment Break: 15:45 -16:00
Main Venue	Prof. Mark Jensen (USA): Hypnotic Management of Chronic Pain
Breakaway 1	Debbie Howes (South Africa): Transformation: A Constellations therapeutic approach Heleen Loubser (South Africa): A holistic and integrative approach in the treatment of Panic Disorder
Breakaway 2	Angela Duneman and Joachim Pfahl (Germany): Trauma-sensitive Yoga in Psychotherapy
Breakaway 3 (German)	Susy Signer Fischer (Switzerland): ADS, ADHS, Asperger und Co. Hypnosystemische Methoden im Umgang mit den 3 As
17:30 Main Venue	CONGRESS CLOSURE



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