



**Milton H. Erickson Institutes of South Africa**  
**Main Congress: 23-25 April 2020**  
**Vineyard Hotel, Newlands, Cape Town**  
**Preliminary Programme**

**THURSDAY 23 APRIL 2020**

<b>7:30-8:15</b>	<b>REGISTRATION IN THE FOYER</b>
<b>8:15-9:00</b> <b>Main venue</b>	<b>OPENING CEREMONY AND WELCOME ADDRESS</b> <b>Dr Woltemade Hartman (Ph.D) Director Milton H. Erickson Institutes of South Africa</b> <b>Choir performance</b>
<b>9:00-12:15</b>	<b>WORKSHOPS (3 Hours/90 min)</b> Refreshment Break: 10:30-10:45
<b>Main Venue</b>	<b>Dr. Nicole Ruyschaert (Belgium):</b> Developing resilience to deal with professional (health care) challenges
<b>Breakaway 1</b>	<b>TBC</b>
<b>Breakaway 2</b>	<b>Rick Miller (USA):</b> Gay Sons and Their Mothers: The Relational Mystique Conveyed through an Ericksonian Lens
<b>Breakaway 3 (German)</b>	<b>Dr. Veit Messmer und Dr. Kerstin Schnurre (Germany):</b> Hypnotisches Arbeiten mit Kindern und Jugendlichen <b>Dr. Allan Krupka (Germany):</b> Gib Zahnschlafkugeln und die Angst vor der Spritze war einmal
<b>12:15-13:15</b> <b>Main Venue</b>	<b>KEYNOTE ADDRESS:</b> <b>Dr. Mathias Mende, Austria:</b> Birds of a feather flock together – Opposites attract; Perceived Similarity and Diversity as Sources for Traumas and Treasures
<b>13:15-14:15</b>	<b>LUNCH BREAK</b>
<b>14:15-17:30</b>	<b>WORKSHOPS (3 Hours/90min)</b> Refreshment Break: 15:45-16:00
<b>Main Venue</b>	<b>Dr. Susan Pinco (USA):</b> An introduction to Brainspotting: A revolutionary Therapy for Rapid and Effective Change
<b>Breakaway 1</b>	<b>Dr. Elzette Fritz and Dr. Talita Veldsman-Ryan (South Africa):</b> Connecting the parts through creative arts on the yellow brick road of self-discovery
<b>Breakaway 2</b>	<b>Margarete Kruczek-Schumacher (Germany):</b> Wingwave™: a brief method to address trauma and associated problems.
<b>Breakaway 3 (German)</b>	<b>Susanna Leutner (Germany):</b> Ego-State-Therapie Basics auf Deutsch



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**FRIDAY 24 APRIL 2020**

<b>8:30-9:00</b>	<b>REGISTRATION IN THE FOYER (For new arrivals and day attendees)</b>
<b>9:00-12:15</b>	<b>WORKSHOPS (3 hours/90 min)</b> Refreshment Break: 10:30-10:45
<b>Main Venue</b>	<b>Dr. Maggie Phillips (USA):</b> Somatic Ego-State Therapy: Healing The Heart Of Trauma
<b>Breakaway 1</b>	<b>Rick Miller and Tobi Goldfus (USA):</b> Is a mistake truly a mistake? Looking into the mirror with naked honesty: Transforming blunders, strengths and vulnerabilities into self-acceptance
<b>Breakaway 2</b>	<b>Dr. Claude Virot (France):</b> Auto-Hypnosis – Future Anticipation <b>Stefan Hammel:</b> The last 24 Hours of Life – How We Help Patients to Die in Peace. Hypnotherapeutic Approaches with Dying Patients and their Families
<b>Breakaway 3 (German)</b>	<b>Dr. Jochen Peichl (Germany):</b> "Wortlose Angst und bildloser Schrecken - Arbeit am "frühen Trauma" mit Timeline- und Ego-State-Therapie"
<b>12:15-13:15</b>	<b>KEYNOTE ADDRESSES</b>
<b>Main Venue</b>	<b>Bernhard Trenkle – Germany:</b> Using hypnotherapeutic know-how in non-hypnotic therapies
<b>13:15-14:15</b>	<b>LUNCH BREAK</b>
<b>14:15-17:30</b>	<b>WORKSHOPS (3 Hours/90 min)</b> Refreshment Break: 15:45 -16:00
<b>Main Venue</b>	<b>Elsa Struwig and Charmaine Van Der Spuy (South Africa):</b> Sensory-Somatic Play Therapy: An Approach To Complex Childhood Trauma
<b>Breakaway 1</b>	<b>Heleen Loubser (South Africa):</b> A holistic and integrative approach in the treatment of Panic Disorder
<b>Breakaway 2</b>	<b>Dr. Woltemade Hartman (South Africa):</b> Trance, Treasures, Trauma, Touch and Transformation: A combined hypno-somatic approach with live demonstrations
<b>Breakaway 3 (German)</b>	<b>Dr. Ursula Helle (Germany):</b> Die 8 Stufen der Integration in der Ego-State-Therapy <b>Birgit Bader (Germany):</b> Talk Show mit Ego-States
<b>18:30</b>	<b>CONGRESS DINNER: CAPE POINT VINEYARDS RESTAURANT</b>



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**SATURDAY 25 APRIL 2020**

<b>8:30-9:00</b>	<b>REGISTRATION IN THE FOYER (For new arrivals and day attendees)</b>
<b>9:00-12:15</b>	<b>WORKSHOPS (3 hours/90min)</b> Refreshment Break: 10:30-10:45
<b>Main Venue</b>	<b>Tobi B. Goldfus (USA):</b> Young People, Smart Phones and the Power of Social Media: Using Hypnotherapy and Somatic Experiencing to Activate Healthy Ego States and Charge Up the 'Inner Selfie'
<b>Breakaway 1</b>	<b>Dr. Zana Marovic (South Africa):</b> Integrative Positive Psychology: East meets West
<b>Breakaway 2</b>	<b>Dr. Joseph Meyerson (Israel):</b> Hypnotic Approach in the Treatment of Psychosomatic Patients <b>Yoshikazu Fukui:</b> Are they your real parents? Attempts to cut of the object cathexis towards introjects of abusive parental figures: A combination of EMDR and Ego State Therapy
<b>Breakaway 3 (German)</b>	<b>Claudia Müller-Quade (Germany):</b> "Ego State Therapy meets Systemic Therapy": Jeder hat sein Reflecting Team dabei. Ego-State Therapie und die Arbeit mit dem inneren Reflecting Team <b>Silke Grossbach (Germany):</b> Gefangen im Schutz der Rigidität: Ein psychodynamischer Blick auf die Abwehrmechanismen – wenn Ego-States schützen, ihre Abwehr jedoch dysfunktional wird
<b>12:15-13:15</b> <b>Main Venue</b>	<b>KEYNOTE ADDRESSES</b> <b>Dr Woltemade Hartman – South Africa:</b> Thirty Years of Experience with Clinical Hypnosis and Psychotherapy: Reflections from the past and insights for the future
<b>13:15-14:15</b>	<b>LUNCH BREAK</b>
<b>14:15-17:30</b>	<b>WORKSHOPS (3 Hours/90min)</b> Refreshment Break: 15:45 -16:00
<b>Main Venue</b>	<b>Prof. Mark Jensen (USA):</b> Hypnotic Management of Chronic Pain
<b>Breakaway 1</b>	<b>Debbie Howes (South Africa):</b> Transformation: A Constellations therapeutic approach
<b>Breakaway 2</b>	<b>Angela Duneman and Joachim Pfahl (Germany):</b> Trauma-sensitive Yoga in Psychotherapy
<b>Breakaway 3 (German)</b>	<b>Susy Signer Fischer (Switzerland):</b> ADS, ADHS, Asperger und Co. Hypnosystemische Methoden im Umgang mit den 3 As
<b>17:30</b> <b>Main Venue</b>	<b>CONGRESS CLOSURE</b>



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