



**Milton H. Erickson Institutes of South Africa**  
**Pre-Congress workshops: 21 April 2020**  
**Vineyard Hotel, Newlands, Cape Town**  
**Preliminary Programme**

**TUESDAY 21 APRIL 2020**

<b>8:00-9:00</b>	<b>REGISTRATION IN THE FOYER</b>
<b>9:00-12:15</b>	<b>WORKSHOPS (3 Hours)</b> Refreshment Break: 10:30-10:45
<b>Main Venue</b>	<b>Dr. Woltemade Hartman, South Africa:</b> Body Trance: Hypnosis, Touch and Embodiment for Complex Trauma.
<b>Breakaway 1 (German)</b>	<b>Dr. Jochen Peichl, Germany:</b> Innere Kritiker, Verfolger, Zerstörer: die Arbeit mit sogenannten maladaptiven Ego-States (Part 1).
<b>13:00-14:15</b>	<b>LUNCH BREAK</b>
<b>14:15-17:30</b>	<b>WORKSHOPS (3 Hours)</b> Refreshment Break: 15:45-16:00
<b>Main Venue</b>	<b>Dr Maggie Phillips, USA:</b> Freedom from emotional and physical pain: Polyvagal solutions.
<b>Breakaway 1 (German)</b>	<b>Dr. Jochen Peichl, Germany:</b> Innere Kritiker, Verfolger, Zerstörer: die Arbeit mit sogenannten maladaptiven Ego-States (Part 2).



**Caveat:** The programme is subject to change without prior notification. **MEISA will not be held accountable in the event of any changes to the programme.** *Disclaimer:* Please note that the attainment of continuing education units (CEU's) does not licence any professional to practice outside their official scope of practice.