



The Milton H. Erickson  
INSTITUTES OF SOUTH AFRICA

### Training Programme 2018

**Eligibility:** Open to Psychologists registered with the Health Professions Council of South Africa. **Caveat:** The programme is subject to change without prior notification. MEISA cannot be held accountable in the event of any changes to the programme or should any training activities have to be cancelled due to unforeseen circumstances. **Disclaimer:** Please note that the attainment of continuing education units (CEU's) does not licence any professional to practice outside their official scope of practice.

Please take note of the contact person for registration and bank account number next to the specific workshop. Please take note that the **closing date for registration and payment is three weeks prior** to the date of the workshop, unless otherwise specified. Registration forms are available on the website at [www.meisa.biz](http://www.meisa.biz) **Account number and banking details:** Participants will be invoiced on registration.

DATE	WORKSHOP INFORMATION	PRESENTER	VENUE	PAYMENT	CONTACT PERSON FOR REGISTRATION AND PAYMENT
<b>19-21 February 2018</b>	Advanced training in Ericksonian Hypnosis and Psychotherapy 3 day workshop: R4500.00 Closing date: 25 January 2018 Intermediate Ericksonian prerequisite for attendance	Elzette Fritz D.Ed	Pretoria	Invoiced on registration	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472
<b>23 March 2018</b>	RECONCILING THE SHADOW AND LIGHT – Combining Creative Expressive Arts and Ego State Therapy 3 hour workshop, R650.00 Closing date: 16 March 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794
<b>13 April 2018</b>	Inside-out: Ego states for all ages through creative engagement 1 Day workshop, all materials provided, R1100 Closing date: 6 April 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794
<b>23-25 April 2018</b>	Fundamental training in Ericksonian Hypnosis and Psychotherapy 3 day workshop: R4500.00 Closing date: 25 January 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794

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<b>28 April 2018</b>	Mandala Magic in Ego State Therapy: Circles of me 6 hour workshop Closing date: 7 April 2018	Joy Nel M.Ed Psych	Johannesburg	Invoiced on registration	Joy Nel <a href="mailto:joy.psych@gmail.com">joy.psych@gmail.com</a> 083 234 3271
<b>14-18 May 2018</b>	Ego State Therapy Beginners 1 5 Day workshop, R7500 Closing date: 26 April 2018 Fundamental training in Ericksonian Hypnosis prerequisite for attendance	Woltemade Hartman Ph.D	Pretoria	Invoiced on registration	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472
<b>30 May 2018</b>	Light shining through the cracks of brokenness - Ericksonian psychotherapy principles will inform trauma narratives as explored through sensory engagement with creative expressive arts 1 Day workshop, all materials provided, R650 Birthday Special Closing date: 23 May 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794
<b>2 June 2018</b>	Ready, Steady ...Play: Playful approaches in Ego State Therapy 6 hour workshop Closing date: 12 May 2018	Joy Nel M.Ed Psych	Johannesburg	Invoiced on registration	Joy Nel <a href="mailto:joy.psych@gmail.com">joy.psych@gmail.com</a> 083 234 3271
<b>20-22 June 2018</b>	Intermediate Training in Ericksonian Hypnosis and Psychotherapy 3 day workshop, R4500 Closing date: 31 May 2018	Jenny da Silva M.Ed Psych	Johannesburg	Invoiced on registration	Jenny da Silva <a href="mailto:jennysilva.edpsych@gmail.com">jennysilva.edpsych@gmail.com</a> 082 777 4768
<b>22 June 2018</b>	Creative Expressive Arts –Combining Creative Expressive Arts with Ericksonian principles and ego states, focusing on self-care and nurturance 3 hour workshop, R650.00 Closing date: 15 June 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794
<b>8-11 +13-14 August 2018</b>	Beginners Training in Somatic Experiencing for Trauma Part 1 6 day workshop, R15 000 Closing date: 1 February 2018	Dr Sonja Gomes	Pretoria	Invoiced on registration	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472

DATE	WORKSHOP INFORMATION	PRESENTER	VENUE	PAYMENT	CONTACT PERSON FOR REGISTRATION AND PAYMENT
<b>11 August 2018</b>	Cutters don't cry: Narra-Ego State Therapy with clients who self-injure 6 hour workshop Closing date: 14 July 2018	Joy Nel M.Ed Psych	Johannesburg	Invoiced on registration	Joy Nel <a href="mailto:joy.psych@gmail.com">joy.psych@gmail.com</a> 083 234 3271
<b>31 August 2018</b>	Creative Expressive Arts – Combining Creative Expressive Arts with Ericksonian principles and ego states, focusing on self-care and nurturance 1 Day workshop, R1100 Closing date: 24 August 2018	Elzette Fritz D.Ed	Bedfordview	Invoiced on registration	Elzette Fritz <a href="mailto:elzettefritz1@gmail.com">elzettefritz1@gmail.com</a> 0833251794
<b>22 September 2018</b>	Once upon a time in therapy: Using bibliotherapy in Ego-State Therapy 6 hour workshop Closing date: 14 July 2018	Joy Nel M.Ed Psych	Johannesburg	Invoiced on registration	Joy Nel <a href="mailto:joy.psych@gmail.com">joy.psych@gmail.com</a> 083 234 3271
<b>4-8 October 2018</b>	German Ego State Therapy Intensive Workshop (Presented in German)	Woltemade Hartman Ph.D	Mabula Game Lodge, Bela Bela	Refer to MEISA website	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472
<b>15-19 October 2018</b>	Ego State Therapy Beginners 2 5 Day workshop, R7500 Closing date: 26 April 2018 Ego State Therapy Beginners 1 prerequisite for attendance	Woltemade Hartman Ph.D	Pretoria	Invoiced on registration	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472
<b>28-30 Nov. + 1+3-4 December 2018</b>	Beginners Training in Somatic Experiencing for Trauma Part 2 6 day workshop, R15 000 Closing date: 1 February 2018	Dr Sonja Gomes	Pretoria	Invoiced on registration	Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> 012 991 1472

### Ego State Therapy Beginners Level 1 and 2

Ego State Therapy Beginners Level 1 is inclusive of the Fundamental and Intermediate Training. Ego State Therapists who have already completed the fundamental level can attend the last 3 days of the workshop.

Ego State Therapy Beginners Level 2 training consists of 2, two day specialization workshops and 1 day Group supervision. Ego State Therapists who still need to attend specialization workshops of group supervision for certification purposes can attend the specific days – please contact the presenter for more details.